



# HELP PREVENT THE SPREAD OF NOVEL CORONAVIRUS (COVID-19)



COVID-19 is a respiratory illness caused by a new coronavirus.

**Symptoms include coughing, fever and shortness of breath.**

To help prevent the spread of the virus and protect yourself, follow these recommendations:

For questions talk to your health care provider or call 2-1-1



Wash your hands or use hand sanitizer often.



Avoid sharing personal household items.



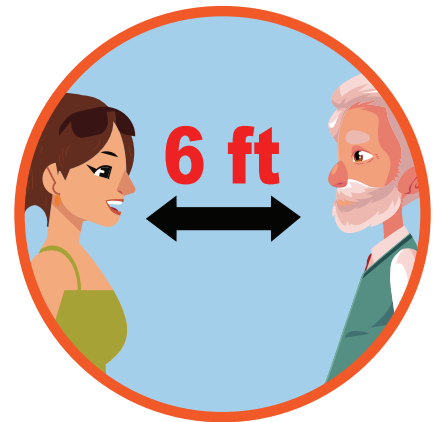
Avoid touching eyes, mouth and nose with unwashed hands.



Cover your cough or sneeze with a tissue, then throw it in the trash and wash your hands.



Stay home and keep your distance from others in the home if you are sick.



Maintain at least 6 feet between you and others.



Use a face covering if you leave your home.



Clean and disinfect household surfaces often.

Updated 4-7-2020

For latest updates, visit: [www.coronavirus-sd.com](http://www.coronavirus-sd.com)

