



# CITY SC RETURN TO PLAY

## MINIMUM REQUIREMENTS TO ATTEND PRACTICE

- PARENTS MUST ADMINISTER THE COVID-19 SYMPTOM SCREENING SURVEY AND CHECK TEMPERATURE AT HOME BEFORE EACH PRACTICE (SURVEY BELOW):
  - STAY HOME IF YOU FEEL SICK OR HAVE A FEVER OF  $>100.4^{\circ}\text{F}$
  - STAY HOME IF MEMBERS OF YOUR HOUSEHOLD FEEL SICK
- PLAYERS REQUIRED TO BRING THE FOLLOWING EQUIPMENT:
  - SOCCER BALL
  - WATER
  - FACE COVERING (FOR USE WHEN SOCIAL DISTANCING IS DIFFICULT TO MAINTAIN)
- CLEAN/SANITIZE SOCCER BALL, WATER BOTTLE, CLEATS AND CLOTHING BEFORE AND AFTER TRAINING
- AVOID CARPOOLING
- SIGN LIABILITY WAIVER AND ACKNOWLEDGMENT OF POLICIES AND PROCEDURES
- OBSERVE SOCIAL DISTANCING ON THE SIDELINES AND WHEN WALKING TO/FROM THE FIELD

## COVID-19 SYMPTOM SCREENING SURVEY

### INSTRUCTIONS:

- 1) PARENTS ARE REQUIRED TO ADMINISTER THE FOLLOWING SURVEY AT HOME PRIOR TO EACH PRACTICE TO SCREEN THEIR CHILD FOR COVID-19. DO NOT SEND YOUR CHILD TO PRACTICE IF THEY DO NOT PASS THE HEALTH SCREENING.
- 2) STAFF WILL BE REQUIRED TO SUBMIT TO A TEMPERATURE CHECK AND ANSWER THE FOLLOWING SURVEY QUESTIONS BEFORE BEGINNING THEIR SHIFT. DO NOT PROCEED TO WORK IF YOU DO NOT PASS THE HEALTH SCREENING.

### STEP 1: TEMPERATURE CHECK

- TEMPERATURE MUST BE LESS THAN  $100.4^{\circ}\text{F}$  TO PROCEED TO TRAINING

### STEP 2: SYMPTOM SURVEY

IN THE PAST 24 HOURS HAVE YOU EXPERIENCED ANY OF THE FOLLOWING SYMPTOMS:

- FEVER OR CHILLS
- COUGH
- SHORTNESS OF BREATH OR DIFFICULTY BREATHING
- FATIGUE
- MUSCLE OR BODY ACHES
- HEADACHES
- NEW LOSS OF TASTE OR SMELL
- SORE THROAT
- CONGESTION OR RUNNY NOSE
- NAUSEA OR VOMITING
- DIARRHEA

