



CITY SC RETURN TO PLAY PHASES

WHAT DOES A RETURN TO SOCCER LOOK LIKE?

A SAFE RETURN TO THE FIELD WILL REQUIRE A METHODICAL PROGRESSION THROUGH SEVERAL KEY PHASES UNTIL WE CAN RESUME COMPETITIVE GAMES AND TOURNAMENTS. MOVEMENT THROUGH THESE PHASES WILL BE DICTATED BY STATE/COUNTY/CITY LEVEL REOPENING GUIDELINES.

SAFETY PROTOCOLS:

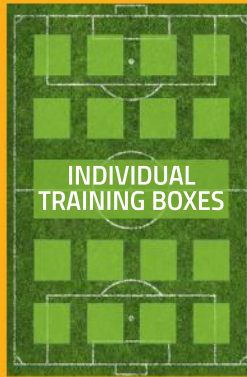
CITY SC WILL ALIGN OUR CLUB WIDE COVID19 POLICIES AND PROCEDURES WITH CDC, STATE, COUNTY, AND CITY GUIDELINES. EXAMPLES OF MEASURES AND STRATEGIES THAT YOU MAY SEE ON THE FIELD INCLUDE:

- 1) MINIMUM REQUIREMENTS TO ATTEND TRAINING AND GAMES
- 2) PROTOCOLS FOR MONITORING SYMPTOMS FOR PLAYERS AND STAFF
- 3) APPLICATION OF PPE (FACEMASKS, HAND WASHING, SANITIZING OF EQUIPMENT AND FACILITIES)
- 4) TRAINING OF STAFF AND VOLUNTEERS TO IMPLEMENT SAFETY PROTOCOLS
- 5) PARENT AND PLAYER EDUCATION ON SAFETY POLICIES, PROCEDURES AND BEST PRACTICES
- 6) COMMUNICATION AND REPORTING PROTOCOLS

NO CONTACT CURRICULUM

PHASE 1

- INDIVIDUAL SKILLS & FITNESS DRILLS THAT CAN BE PERFORMED WHILE MAINTAINING 10 FEET OF DISTANCE BETWEEN PLAYERS
- SMALL GROUP TRAINING FORMAT - TEAMS MAY BE BROKEN UP INTO MULTIPLE TIME SLOTS AND WILL TRAIN IN SMALLER STABLE GROUPS TO MAXIMIZE SOCIAL DISTANCING
- SHORTER PRACTICE TIME SLOTS AND STAGGERED START TIMES TO MAXIMIZE SOCIAL DISTANCING
- NO SHARING OF WATER OR EQUIPMENT



RETURN TO COMPETITIVE GAMES AND TOURNAMENTS

PHASE 4

- NO TRAINING RESTRICTIONS
- NO SHARING WATER
- LIMIT SHARING OF EQUIPMENT
- RECOMMEND SOCIAL DISTANCING PRACTICES STILL BE MAINTAINED BY LEAGUES AND CLUBS AT GAMES AND EVENTS

LIMITED CONTACT CURRICULUM

PHASE 2

- CAN INCLUDE UP TO 4V4 GAMES
- POSSIBLE EXPANSION OF STABLE TRAINING GROUPS AND TOTAL NUMBER OF PLAYERS ALLOWED ON THE FIELD AT ONE TIME
- NO SHARING OF WATER OR EQUIPMENT
- SHORTER PRACTICE TIME SLOTS AND STAGGERED START TIMES

INTRODUCTION OF CONTROLLED SCRIMMAGES AND SMALL SIDED GAMES

PHASE 3

- MINIMIZE PHYSICAL CONTACT (STILL NO HANDSHAKES, HIGH FIVES, HUGS, FIST BUMPS, ETC)
- NO SHARING OF WATER AND EQUIPMENT
- RECOMMEND NO TRAVEL TO EVENTS OUTSIDE OF SD COUNTY

